



Katrina Levine

Katrina Levine is a Registered Dietitian and Extension Associate in food safety and nutrition at NC State University. Katrina graduated with an MPH in Nutrition from UNC Chapel Hill in 2012 and received a BS Biological Sciences from NC State University in 2009.

Katrina has been a member of RDDA since starting graduate school 2009 and has served on the board for the past two years, first as Social Events Chair and now in her current role as Secretary. She has attended nearly every meeting and event and makes it a point to stay active and engaged with the board, members, and the nutrition community. She strives to represent RDDA to the best of her ability.

Katrina has many skills and experiences that make her an excellent candidate for RDDA president-elect (and future president). Through her job as an Extension Associate, she has gained skills communicating with the public and handling administrative tasks. She provides food safety information to the public directly and through training Cooperative Extension agents. She is responsible for many administrative duties such as scheduling and timely communication with staff. Katrina is an effective and professional communicator and has learned to prioritize and manage her obligations and adapt to last-minute changes. Additionally, Katrina is a past president of Nutrition Coalition, the student-led nutrition organization at UNC Chapel Hill, and has customer service experience from spending 3 years working as a sales associate for Williams-Sonoma.

Katrina loves learning more about nutrition education, food science, and the culinary arts. She has a passion for teaching others about nutrition and wellness through the exploration of healthy foods and cooking and is an advocate for health promotion and disease prevention. She has volunteered teaching nutrition and cooking classes in the community and is frequently involved with programs such as Cooking Matters and Food Day. She enjoys experimenting in the kitchen, improving her fitness through running and yoga, exploring new places and cultures, and spending quality time with her family and friends.