

Introducing Your 2011-2012 FDDA Board Members

Mary Beth Cox, M.Ed., R.D., LDN is Secretary/Treasurer of the Foothills District Dietetic Association. She has worked in the field of nutrition for 23 years. For the past 14 years, she has worked as a Clinical Dietitian at Catawba Valley Medical Center. Mary Beth currently sees patients in the surgical unit, rehabilitation unit, pediatrics, and she also does outpatient nutrition counseling at the Diabetes Education Center. Mary Beth has had previous work experiences at health departments and was a Health Promotion Nutritionist for the Iredell County Health Department.

Mary Beth Cox
Secretary/Treasurer

