

# Introducing Your 2011-2012 FDDA Board Members

Paul is currently the Assistant Director at Appalachian Regional Healthcare System's Wellness Center in Boone, NC and an adjunct instructor at Appalachian State University in the College of Health Sciences Department of Health, Leisure and Exercise Science and the Department of Nutrition and Healthcare Management. He served as the North Carolina NSCA State Director from 2004-2010 and was the NSCA 2009-2010 State Director of the Year National recipient. Paul is certified by the National Strength and Conditioning Association as a CSCS\*D and NSCA-CPT\*D in addition to being a Registered and Licensed Dietitian and Nutritionist. He has given various national, regional and local presentations on strength and conditioning, sports nutrition and weight management. Paul holds certification as a Board Certified Specialist in Sports Dietetics (CSSD) through the American Dietetic Association's Commission on Dietetic Registration. He is currently the Associate Editor of the American Dietetic Association's Weight Management DPG newsletter and the President Elect of the Foothills District Dietetic Association in North Carolina. Paul provides continuing education opportunities through fitness4professionals for NSCA, NATA and ACSM certifications in addition to hosting NSCA Exam Review Sessions. Paul completed his Bachelor in Science in Exercise Science at Appalachian State University and his Masters in Human Nutrition from the University of Alabama at Tuscaloosa.

**Paul Moore**  
**President**

