



North Carolina Academy of Nutrition and Dietetics Newsletter Summer 2018

President's Pen:

Hello, members!

I am so excited to be starting my year as the 2018-2019 president for the North Carolina Academy of Nutrition and Dietetics (NCAND)! Before this role I have served as a legislative chair and a program planner for the Charlotte District. I am passionate about providing engaging continuing education opportunities, and hope that this is the year we can make public policy your passion.

NCAND's year is already off to an incredible start following the passage of HB 357: Modernize Dietetics/Nutrition Practice Act. A big THANK YOU to our members who have worked tirelessly over the past several years to accomplish this goal. Be on the lookout in the upcoming months for more information about our next steps for licensure and scope of practice!

We are also in the process of putting together programming for webinars and regional meetings. Our first webinar will be on Friday, August 3 hosted by our Delegate, Rita Duncan who will be discussing the value and perks of being a member of AND. Following this will be our first regional meeting in Raleigh on September 14 at the North Carolina Museum of Art. Our hope for this meeting will be to highlight topics related to food service including school nutrition, food safety, higher education and hospital food service, and updates about the Farm Bill.

Be sure to check out our website for ongoing updates. We're working to make this an evolving resource for members and appreciate any feedback about how we can continually improve this outlet for members. We're adding new tabs and links – and now have a new logo to showcase! Thank you to Jenni Biggs and Alice Albl for providing the top 3 submissions. Jenni's logo was selected by members as the winning submission.

In closing, I look forward to working with you to execute our mission of fostering a community of empowered and supported food and nutrition professionals by encouraging and providing opportunities for lifelong growth and development. Here's to an exciting upcoming year!

Yours in health,
Courtney Huddle MS, RDN, LDN
President, North Carolina Academy of Nutrition and Dietetics



Policy & Legislative Updates

2018-2019 NCAND Regional Meetings Save The Date:

NCAND Regional Meeting in Raleigh

September 14, 2018

NC Museum of Art

[Register Here](#)

NCAND Regional Meeting in Winston Salem

December 7, 2018

The Village Inn Event Center

NCAND Regional Meeting near Charlotte

March 1, 2019

Gastonia Conference Center

State-level Happenings **Dietetics Licensure Bill**

Great job everyone, HB 357 passed! Thank you to all the members for reaching out to their state senators. You can view the final version of the bill [here](#). The short legislative session is over for the year and the long session will begin early next year.

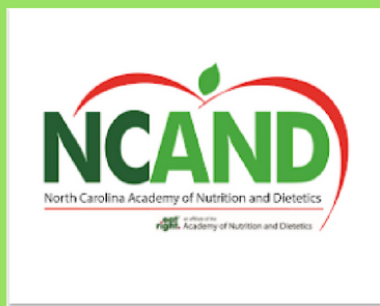
National Happenings **Diabetes Action Alerts**

There are three current action alerts that support national legislation around preventative care and diabetes. Please take ONE minute to complete the alerts [here](#).

The bills include:

- [Preventative Health Savings Act, H.R. 2953/S. 2164](#)
- [The Preventing Diabetes in Medicare Act, H.R. 3124/S. 1299](#)
- [The Expanding Access to Diabetes Self-Management Training in Medicare Act, H.R. 5768](#)

2018 NCAND Logo Contest Winner



Winning Logo Submitted by: Jenni Biggs, MS, RD, CDE

2018 NCAND Logo Contest Runners Up



Runners up logos submitted by Jenni Biggs, MS, RD, CDE (left) and Alice Albl (right)

Take Your Congress member to Work in August!

In August, Congress members are back from D.C. and in their home districts in N.C. AND is promoting this month as a time to invite them to your workplace so they can learn the important and wide-ranging work that RDs do. Consider inviting your representative to see you and your colleagues in action. If you'd like more information contact Raina at rainagbunnag@gmail.com.

Public Policy Workshop at FNCE

This year AND is holding the annual PPW right after FNCE in Washington, D.C. You will learn more about the legislative process, nutrition policy and have the opportunity to meet and talk with legislators about important issues. This is a great way to get involved in a low-pressure environment! Learn more [here](#).



CALCIUM

Helps build and maintain strong bones and teeth

PROTEIN

Helps build and repair muscle tissue

VITAMIN D

Helps build and maintain strong bones and teeth

VITAMIN B₃ (NIACIN)

Used in energy metabolism in the body

VITAMIN A

Helps keep skin and eyes healthy; helps promote growth

VITAMIN B₅ (PANTOTHENIC ACID)

Helps your body use carbohydrates, fats, and protein for fuel

VITAMIN B₁₂ (COBALAMIN)

Helps with normal blood functions; helps keep the nervous system healthy

VITAMIN B₂ (RIBOFLAVIN)

Helps your body use carbohydrates, fats, and protein for fuel

PHOSPHORUS

Helps build and maintain strong bones and teeth; supports tissue growth





Meet the Logo Contest Winner: Jenni Biggs, MS, RDN, CDE

Jenni Biggs, MS, RDN, CDE has been a Registered Dietitian for 19 years. She is also a Certified Diabetes Educator and health coach. Jenni currently works part time at Duke Health and Fitness Center in Durham and owns a small graphic design business that she runs from home. Her past experience includes working for UNC Health, Vidant Health, and Moses Cone Hospital. In her free time she enjoys time with her boys, travel, yard work, graphic and web design, sports, and fishing. She has a passion for health and also a love for graphic design, which led her to the NCAND logo contest. In her words, "As a dietitian and graphic designer I was thrilled to discover and enter this contest. It meant even more, as I was able to design for an organization for food and nutrition professionals. It was like combining my two worlds."

Manager of Nutrition & Healthy Living Programs

Do you have?:

- Master's degree in Nutrition and Dietetics
- 5 years of experience as a licensed RDN
- Clinical training in Functional Medicine and Nutrition
- Experience in public health nutrition or health promotion/disease prevention program planning
- Excellent leadership skills

Want to learn more and apply? Click here:
<https://bit.ly/2LesFha>

READY FOR A NEW JOB?

SAS Institute, Inc. is hiring in Cary, NC!



Follow NCAND on [Facebook!](#)



Follow NCAND on twitter [@eatrightnc!](#)